Mölnlycke®

www.molnlycke.com/tortoise

Tortoise® Turning & positioning system

Prone pressure redistribution system for turning and repositioning



Tortoise Prone Turning & Positioning Pad (main pad)



Proning Pad



Fluidized Positioner (head)



Fluidized Positioner (body)

Mölnlycke® Tortoise® Prone Turning and Positioning System

Please read all of the instructions before use. Use as directed by appropriate clinician. Always follow your facility protocol for turning and positioning.

Product description

Mölnlycke® Tortoise® Prone Turning and Positioning System offers pressure redistribution for the patient while also acting as a manual transfer assistive device for clinicians.

Intended Use

Molnlycke Tortoise Turning and Positioning System is designed to provide patient turning and repositioning, which may be used as part of a prophylactic therapy to help prevent pressure ulcers.

Indications for use

- Patient turning and repositioning including manual proning
- Sacral offloading
- Lateral transfer

Warnings

- Do not use on patients one year of age or younger due to risks of suffocation.
- Do not puncture or use sharp objects near system.
- Placing a patient in a prone position requires a team of caregivers.
- Do not use product with lifts.

Precautions

Do not reuse. If reused performance of the product may deteriorate, cross contamination may occur.

- Do not X-ray through the adult Z-Flo.
- Keep the handles out of imaging area during X-ray
- Handles should be tucked away during CT and MRI to avoid entangling.
- The white handles alone should never be used for lateral transfer.
- No maintenance required. Not user repairable.
- Replace promptly if punctured or damaged.
- If the Z-Flo is punctured, place it in a sealed plastic bag to avoid spillage of the fluidized material.
- The use of a linen is required between the patient's skin and the pad.
- Raise side rails of bed after repositioning.

Instructions for use

Mölnlycke Tortoise Prone Turning and Positioning System can be used by health care professionals.

Always follow your facility's safe patient handling policies and procedures when repositioning patients.

When using the Mölnlycke Tortoise Prone Turning and Positioning System all actions require two or more caregivers. Use as directed by appropriate clinician and please read all of the instructions before use.

Mölnlycke Tortoise Prone Turning and Positioning System can be used with one patient until it has deteriorated and does no longer fulfil the clinical needs.

Cleaning Instructions

Use hospital approved disinfectant or household antimicrobial cleaner / disinfectant according to the label instructions. Do not use bleach. Extended use of alcohol- based disinfectants may reduce the life of the product.

Special storage conditions and handling conditions

- Mölnlycke® Z-Flo Fluidized Positioners should be stored below 40°C (104°F).
- Disposal should be handled according to local environmental procedures.

Other information

- The device is for single patient use only.
- Product provided non-sterile. Do not sterilize.
- If any serious incident has occurred in relation to the use of Mölnlycke® Tortoise® Prone Turning and Positioning System, it should be reported to Mölnlycke Health Care.
- Mölnlycke Tortoise Prone Turning and Positioning System are registered trademarks of Mölnlycke Health Care AB.

Toll free number:
USA 1-800-882-4582

https://www.molnlycke.com/virtual-patent-marking

MR MR Safe

40°C 104°F

Max 400 kg / 880 lbs

Made in Mexico

Manufacturer / Fabricant
Mölnlycke Health Care AB
Entreprenörsstråket 21, SE-431 53 Mölndal, Sweden

www.molnlycke.com

The Mölnlycke trademark, name and logo are registered globallyto one or more of the Mölnlycke Health Care group of companies

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Inserting the proning pad







1. If the patient is already in bed on the main pad, untuck the sides, remove the fluidized positioner if present, and then untuck the tail of the main pad.
   Note: If the patient is not on a main pad, please see the "Tortoise Turning & Positioning System Application Guide" for instructions on how to properly place patients.
2. Use the draw sheet to perform a microturn. Insert the prone pad between patient and main pad with green side up and top edge aligned with top of main pad. Continue to push the prone pad until it's handles are aligned with green and black edges of the main pad.
3. Perform a microturn from the other side of the bed using the draw sheet. Pull the prone pad through so that the handles are aligned with the edges of the main pad.

Turning to a prone position













1. Establish the direction patient will be turn towards. To begin start with the patient centered on the main pad and pull the main pad to one side of the bed.
2. The caregivers on the turning side should hold steady the main pad using white boosting handles. Using the handles on the prone pad pull the patient to the opposite direction of the bed, off-centering the patient to the other side.
3. The spine image should now be exposed, adjust by pulling the prone pad if it is not. Prepare new bed sheets to receive the patient by rolling and tucking the new sheets under the patient. Ensure there is enough of the sheet left hanging over the edge of the bed to reach end of the black flap.
4. Begin performing the turn to the prone position by utilizing the handles on the prone pad. With slow and controlled movements roll the patient on to his/her side and then into the prone position.
   Note: Ensure the head and neck are protected and controlled during turning.
5. Remove the proning pad. Remove the old draw sheet and pull the new draw sheet out from under the patient and straighten.
6. Ensure patient is centered on the main pad and that the pad is centered on the bed. Check for alignment with the shoulders of the patient and edges of the bed.



Do not use product with lifts.

www.molnlycke.com/symbols

Merging prone and tortoise pads









1. To place the prone pad under the main pad: Perform a microturn with the turn handles on the main pad and place the prone pad under the main pad aligning the top of the prone pad with the main pad, green side up and handles aligned at the edges.
2. Perform a microturn to the opposite direction and pull remaining portion of prone pad through under patient. Insert the red handles on main pad into the red handles of prone pad to lock them together.
3. Tuck the tail, edges of the main pad and linens. Use the fluidized body positioner to perform and maintain turns while patient is in prone position.
4. This is how the patient should be positioned on the main and prone pad. Tuck the draw sheet underneath the pads to secure the position.

Support the head





1. Use the small fluidized positioning pad to support the patient's head.
2. Mold the positioner away to provide a clear airway for the patient. Make divots for any breathing tubes, or other equipment and lines.

Turning to a supine position













1. Remove the fluidized body positioner, if in place and untuck the tail, if tucked. Unlock the red handles and remove the prone pad by gently pulling it by the handles out from under the patient. Alternatively you can perform a microturn to remove the prone pad.
2. Reinsert the prone pad between the draw sheet and main pad by following steps 1-3 of "Inserting Prone Pad". Establish which direction the patient will be turned and the caregiver on the opposite side should pull the prone pad with the patient to one side, while the other caregiver holds the main pad stationary.
3. Next, the caregiver holding the prone pad should hold the prone pad stationary while the other caregiver pulls the main pad towards them to expose the spine image. Roll the used draw sheet towards the patient. Place a clean draw sheet on the main pad and tuck under patient.
4. Begin performing the turn to the supine position by utilizing the handles on the prone pad. With slow and controlled movements roll the patient on to his/her side and then into the supine position.
5. Remove the prone pad and used draw sheets. Pull the clean draw sheet from under the patient.
6. Check alignment with the shoulders of the patient and edges of the bed. Tuck the tail and draw sheet underneath the pads to secure the position. Ensure draw sheet is not covering the anti-skid material.